Activity Therapists

Job Code	Job Title	Pay Grade
8292F1	Activity Therapist I	24
8293F1	Activity Therapist II	26

CONCEPT: Assesses, plans, organizes, and participates in rehabilitative programs that involve the application of specialized activity/therapy skills and/or equipment in a music, art, horticultural, athletic, recreation or activities of a daily living program in a mental health facility.

TASKS

- Monitors, sets goals, and provides opportunity for patient or client to change behavior through specific tasks as well as creative experiences using one or more of the following modalities: arts and crafts, music, recreation, horticulture, work, occupational or leisure time activities.
- Assists in planning new activity projects for treatment programs.
- Participates in team meetings and patient or client staffings, recommends activities for scheduling, and contributes to the writing of the patient's/client's comprehensive treatment plan.
- Writes progress notes on assigned patients or clients.
- Keeps a daily attendance record of all assigned patients.
- Teaches and directs volunteer workers in specific activity programs.
- Supervises adult clients or patients in work projects in vocational training programs; teaches the performance of specific tasks; maintains quality control of products; monitors clients' or patients' behavior and capabilities; participates in development of individual program plans.
- Demonstrates the principles and techniques of a therapy/activity specialty to students, volunteers and other staff. Develops and presents training in the specialty area.
- Monitors and maintains supplies and equipment; maintains inventory records; completes purchase requests and work orders; assists in budget planning.
- Plans, administers, and coordinates an activity/habilitative/rehabilitative program; establishes and implements procedures for the care and maintenance of equipment and supplies; requisitions supplies and equipment; estimates budget requirements and monitors expenditures.
- Conducts and interprets activity/activity therapy assessments; confers with professional, medical or other staff, to discuss matters of group or individual therapy, habilitation, rehabilitation, or socialization plans; develops and writes treatment goals; conducts individual therapeutic activities.
- Develops and implements activities designed to facilitate positive behavioral changes and social skills, and to assist individuals in developing acceptable means to conflict resolution.
- Documents and maintains records of all programs, therapies or treatments provided, evaluates individual participation and progress; makes recommendations for individual therapeutic plans.
- Drives van or bus to transport patients, clients, offenders, or inmates to activities.
- Plans, assigns and evaluates the work of staff and/or volunteers and recruits and interviews staff;
- Plans and carries out special events for a unit; meets with community resources to promote cooperation and acceptance of off grounds activities.

LEVELS OF WORK:

- Class Group consists of two classes.

Activity Therapist I – This is specialized, professional work planning, organizing and carrying out habilitation, rehabilitation, or socialization activities with individuals in a specialized activity/therapy skill. This involves the application of specialized activity/therapy skills and/or equipment in a music, art, horticultural, athletic, recreational or activities of daily living program.

Minimum Requirements: Four years of experience in therapeutic recreation, horticulture therapy or one of the creative arts or therapy disciplines such as art, dance/movement or music therapy. Education may be substituted for experience as determined relevant by the agency.
Necessary Special Requirements: Some positions require an approved drug test unless the incumbent is moving from one safety-sensitive position to another safety-sensitive position within the same agency performing substantially similar duties.

Activity Therapist II – This is supervisory work planning, organizing, and carrying out a variety of habilitative or rehabilitative activities for individuals or directing and managing all aspects of a facility's habilitative, rehabilitative, or recreation program.
Minimum Requirements: Seven years of experience in therapeutic recreation, horticulture therapy or one of the creative arts or therapy disciplines such as art, dance/movement or music therapy. Education may be substituted for experience as determined relevant by the agency.
Necessary Special Requirements: Some positions require an approved drug test unless the incumbent is moving from one safety-sensitive position to another safety-sensitive position within the same agency performing substantially similar duties.

REF: 12/13
REV: 6/24