



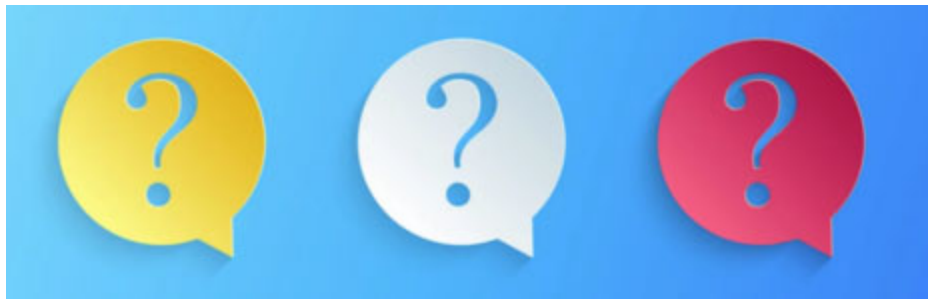
Kansas WISE Newsletter | November 4, 2022

“Be present in all things,
and thankful for all things.”

– Maya Angelou

Election day is Tuesday, November 8. Want to view who's on your ballot and make a plan before election day? View [theSkimm's ballot builder](#) by simply inputting your address.

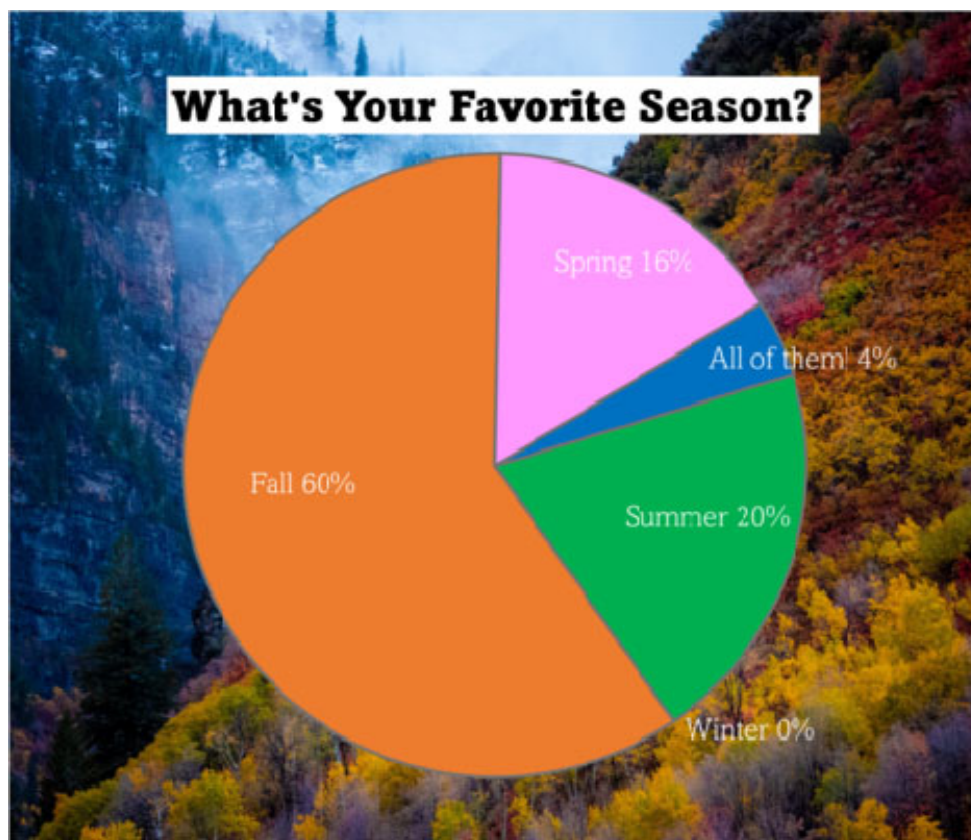
For information about advance voting in-person and by mail, visit the Kansas Secretary of State's [website](#). Please contact your local election office for advance voting dates, hours, and locations in your county.



Question of the Month

Thank you to everyone who responded to the October Question of the Month: *What is your favorite season?*

The results are in:



November Question of the Month: What is your favorite Friday-after-Thanksgiving activity? Those with ks.gov email addresses can respond [here](#); other state

employees can email responses to KansasWISE@ks.gov. Please respond by November 23.



Native American Heritage Month

Originally an effort in to establish a day of recognition for the contributions of Native Americans, November 1990 was designated "[National American Indian Heritage Month](#)" through a joint resolution approved by President George H. W. Bush. In the early 1900s, Dr. Arthur C Parker, a Seneca Indian, worked with the Boy Scouts of America (BSA) to recognize a day for the "First Americans." For three years, BSA continued this tradition. In 1915, during the annual meeting of the Congress of the American Indian Association in Lawrence, KS, a plan was approved calling for their president to implore the country to observe a day for American Indians. Through proclamations, government endorsements, and state support over the years, we now celebrate Indigenous Peoples Day in October and Native American Heritage Month in November.

Use this month to learn about the Native American women who've enriched their communities:

- [On the Western Front: Two Iroquois Nurses in World War I](#) by Laurence M Hauptman - "...14 Indigenous nurses served in the Nurse Corps in the

Army Medical Department during World War I. This is the story of two of these women..."

- [Native American Women Activists: Resistance, Resilience, and Passing the Torch](#) (Video) - Part 2 of a 3 part series by the National Portrait Gallery called Women of Color: The Power of Protest.
- [Honoring Women as Strong as Bison Horn](#) by Anne Bolen



Veterans Day 2022

This Veterans Day, look to your local community or region to celebrate and honor the brave men and women who have served this country.

For women, serving their country meant breaking down barriers and through ceilings. Some women went so far as to break the rules if it allowed them to serve.

- [Gen. Ann E. Dunwoody](#) broke the glass ceiling when she became the first female four-star general in military history in 2008.
- [The Women Who Fought in the Civil War](#) by Jess Righthand - During the Civil War, about 400 women are estimated to have disguised themselves as men in order to fight.
- [4 Female Veterans to Honor](#) by Mary Dever - Pvt. Cathay Williams (Post-Civil War), Col. Ruby Bradley (World War II and Korean War), Brig. Gen.

Rhonda Cornum (Persian Gulf War), and 1st Lt. Ashley White Stumpf (Afghanistan War).

If you're a veteran in search of services, the U.S. Department of Veterans Affairs is a great resource that includes information on women's health services. Learn more at [Women Veterans Health Care](#).



Celebrating Our Achievements



Colleagues from the Office of Information Technology Services (OITS) and the Department of Administration recently attended the Inspiring Women in Public Administration Conference where the theme of the day was, "How Women Win When We Amplify Each Other." Angela Wilson and Dana Morales of OITS are

pictured here with keynote speaker Dani Welniak. Dani is Executive Director of Communications for the Kansas City Current.

Have you, your colleagues, or your department been nominated for or won an award? Do you want your colleagues to be recognized for their achievements? We want to hear about it! **Please submit awards or achievements to KansasWISE@ks.gov for inclusion.**



Kansas WISE

Establishing Healthy Boundaries

Join the Kansas WISE Personal Development Subcommittee for a discussion on Establishing Healthy Boundaries!

- **November 9 from 2:00-3:00pm**
- **Registration:** Free and open to State of Kansas employees. [Register here.](#)

Attendees will be placed in breakout rooms for small group discussions. This event will not be recorded.

We understand people are busy and schedules may prevent you from attending Kansas WISE events. Other information and opportunities are forthcoming so stay tuned!



Events and Resources

Events are virtual and last one hour unless otherwise stated. Times listed are central time.

- **KC Local Holiday Market:** Enjoy holiday shopping, food, coffee, music, and fun. Free admission. - Lenexa, KS, November 5, 9:00am - 3:00pm - More information [here](#).
- **Washburn School of Business MBA Program Information Session:** The information session will be hosted by Mr. Danny Funk, MBA Student Affairs Director. Attendees will receive overview information about the MBA program, including benefits of pursuing the degree, program course structure, and admission procedures. Free to attend. - Topeka, KS and via Zoom, November 9, 6:00pm - 7:30pm - Reserve your free spot [here](#).
- **EAP Webinar: Preventing Employee Burnout.** Free to Attend. - November 16, 1:00pm - Register [here](#).
- **Stress: Signs, Symptoms, Management, and Prevention:** Understand the biology of stress and explore realistic and practical ways to manage distress in this one-hour seminar with a licensed therapist. Free to attend. - November 29, 12:00pm - Register [here](#).
- **Topeka Zoo Lights:** If you're looking for fun for the whole family, ring in the holiday season with Zoo Lights as it returns for its third year. - Topeka, KS November 18 - December 28 - Purchase tickets [here](#).
- **Illuminations Botanica:** Wichita's premier light show, Illuminations Botanica, is a great holiday tradition. Kids and adults alike get to enjoy choreographed light shows, hot chocolate, cookies, and more! - November 18 - December 31 - Purchase tickets [here](#).

Did You Know?

In Kansas, [women had the right to vote](#) in school district elections beginning in 1861, and that was expanded to municipal elections in 1887. Kansas extended equal voting rights to women in 1912, well ahead of the ratification of the 19th Amendment to the Constitution in 1920.

State employees can subscribe using their state email address [here](#).

Anyone wishing to subscribe using their personal email address should email KansasWISE@ks.gov with their agency name.

Please email us with any questions and feedback.

This email was sent to kansaswise@ks.gov using govDelivery Communications Cloud on behalf of: Kansas Department of Administration · Curtis State Office Building · 1000 SW Jackson, Suite 500 · Topeka, KS 66612-1300

