

Activity Therapists

Job Code	Job Title	Pay Grade
7234F1	Activity Therapy Technician	15
8292F1	Activity Therapist I	23
8293F1	Activity Therapist II	25

CONCEPT: Assesses, plans, organizes, and participates in rehabilitative programs that involve the application of specialized activity/therapy skills and/or equipment in a music, art, horticultural, athletic, recreation or activities of a daily living program in a mental health facility.

TASKS

- Monitors, sets goals, and provides opportunity for patient or client to change behavior through specific tasks as well as creative experiences using one or more of the following modalities: arts and crafts, music, recreation, horticulture, work, occupational or leisure time activities.
- Assists in planning new activity projects for treatment programs.
- Participates in team meetings and patient or client staffings, recommends activities for scheduling, and contributes to the writing of the patient's/client's comprehensive treatment plan.
- Writes progress notes on assigned patients or clients.
- Keeps a daily attendance record of all assigned patients.
- Teaches and directs volunteer workers in specific activity programs.
- Supervises adult clients or patients in work projects in vocational training programs; teaches the performance of specific tasks; maintains quality control of products; monitors clients' or patients' behavior and capabilities; participates in development of individual program plans.
- Demonstrates the principles and techniques of a therapy/activity specialty to students, volunteers and other staff. Develops and presents training in the specialty area.
- Monitors and maintains supplies and equipment; maintains inventory records; completes purchase requests and work orders; assists in budget planning.
- Plans, administers, and coordinates an activity/habilitative/rehabilitative program; establishes and implements procedures for the care and maintenance of equipment and supplies; requisitions supplies and equipment; estimates budget requirements and monitors expenditures.
- Conducts and interprets activity/activity therapy assessments; confers with professional, medical or other staff, to discuss matters of group or individual therapy, habilitation, rehabilitation, or socialization plans; develops and writes treatment goals; conducts individual therapeutic activities.
- Develops and implements activities designed to facilitate positive behavioral changes and social skills, and to assist individuals in developing acceptable means to conflict resolution.
- Documents and maintains records of all programs, therapies or treatments provided, evaluates individual participation and progress; makes recommendations for individual therapeutic plans.
- Drives van or bus to transport patients, clients, offenders, or inmates to activities.
- Plans, assigns and evaluates the work of staff and/or volunteers and recruits and interviews staff;
- Plans and carries out special events for a unit; meets with community resources to promote cooperation and acceptance of off grounds activities.

LEVELS OF WORK:

- Class Group consists of three classes.

Activity Therapy Technician – Assist professional staff by developing and implementing a program of activity, based upon a treatment plan or physician's referral, for the mental and physical improvement of clients or patients. Work may also include planning and directing group and individual activities to obtain utmost participation by clients or patients.

Minimum Requirements: Three months of experience in direct care. Education may be substituted for experience as determined relevant by the agency.

Necessary Special Requirements: Some positions require an approved drug test unless the incumbent is moving from one safety-sensitive position to another safety-sensitive position within the same agency performing substantially similar duties.

Activity Therapist I – This is specialized, professional work planning, organizing and carrying out habilitation, rehabilitation, or socialization activities with individuals in a specialized activity/therapy skill. This involves the application of specialized activity/therapy skills and/or equipment in a music, art, horticultural, athletic, recreational or activities of daily living program.

Minimum Requirements: Four years of experience in therapeutic recreation, horticulture therapy or one of the creative arts or therapy disciplines such as art, dance/movement or music therapy. Education may be substituted for experience as determined relevant by the agency.

Necessary Special Requirements: Some positions require an approved drug test unless the incumbent is moving from one safety-sensitive position to another safety-sensitive position within the same agency performing substantially similar duties.

Activity Therapist II – This is supervisory work planning, organizing, and carrying out a variety of habilitative or rehabilitative activities for individuals or directing and managing all aspects of a facility's habilitative, rehabilitative, or recreation program.

Minimum Requirements: Seven years of experience in therapeutic recreation, horticulture therapy or one of the creative arts or therapy disciplines such as art, dance/movement or music therapy. Education may be substituted for experience as determined relevant by the agency.

Necessary Special Requirements: Some positions require an approved drug test unless the incumbent is moving from one safety-sensitive position to another safety-sensitive position within the same agency performing substantially similar duties.

REF: 12/13